



# Arkansas State Athletic Commission

Compliance Division/COMBATIVE SPORTS

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## Combative Sports Medical Report (POST-BOUT)

BOUT # \_\_\_\_\_ Date: \_\_\_\_\_

Immediately after the Bout, I certify that I have performed at least the following physical and/or mental observations of the above named Contestant and have reached the following conclusion(s) based on my professional medical opinion:

### BLUE CORNER

- CONTESTANT'S NAME: \_\_\_\_\_  Winner  Loser Via: \_\_\_\_\_
- Remarkable  Unremarkable – Visual observation of Head, Eyes, Ears & Nose with focus on proper dilation, movement, and concussive symptoms
- Remarkable  Unremarkable – Physical examination of orthopedic emphasizing joints
- Remarkable  Unremarkable – Cursory Neurological observation including Mental Status; Cranial Nerves (sans tests using special tools/charts); Motor Skills; Coordination & Gait; Reflexes; Sensory; and any special tests deemed prudent
- Remarkable  Unremarkable – Visual observation of cuts, breaks or any physical injuries
- COMMENTS/NOTES: If any above observation is Remarkable or abnormal, please provide explanation, details and recommendation: \_\_\_\_\_

BASED ON MY FOREGOING OBSERVATIONS & OBSERVATION OF THE BOUT, IN MY PROFESSIONAL MEDICAL OPINION: (Check All That Apply)

### ADDITIONAL RECOMMENDATIONS & INSTRUCTIONS

- TRANSPORT – Contestant Should Be Immediately Transported to nearest ER via On-site Ambulance – Instructions Given to On-site EMT or Paramedics
- SEEK FURTHER (NO TRANSPORT) – Contestant Should Seek Medical Care at an ER or other Emergent Care Center for \_\_\_\_\_ Minutes
- SEEK FURTHER (ON-SITE FOLLOW-UP) – Contestant Should Report Back to Ringside Physician for Follow-Up in \_\_\_\_\_ Minutes
  - Contestant Reported Back As Instructed
  - Contestant Failed to Report Back as Instructed

### RECOMMENDED REST & SUSPENSION

- No Rest Period Is Medically Necessary for Contestant
- 30 Days Rest & Suspension – Recommend Contestant Rest & Refrain from Engaging in Combative Sports Contact (Training or Otherwise) for Stated Time
- 60 Days Rest & Suspension – Recommend Contestant Rest & Refrain from Engaging in Combative Sports Contact (Training or Otherwise) for Stated Time
- 90 Days Rest & Suspension – Recommend Contestant Rest & Refrain from Engaging in Combative Sports Contact (Training or Otherwise) for Stated Time
- Indefinite – Recommend Contestant Refrain from Engaging in Combative Sports Contact (Training or Otherwise) Until Cleared by Physician for the Following Condition or Injury: \_\_\_\_\_

Signature of Ringside Physician: \_\_\_\_\_

Arkansas Medical License # \_\_\_\_\_

### RED CORNER

- CONTESTANT'S NAME: \_\_\_\_\_  Winner  Loser Via: \_\_\_\_\_
- Remarkable  Unremarkable – Visual observation of Head, Eyes, Ears & Nose with focus on proper dilation, movement, and concussive symptoms
- Remarkable  Unremarkable – Physical examination of orthopedic emphasizing joints
- Remarkable  Unremarkable – Cursory Neurological observation including Mental Status; Cranial Nerves; Motor Skills; Coordination & Gait; Reflexes; Sensory; and any special tests deemed prudent
- Remarkable  Unremarkable – Visual observation of cuts, breaks or any physical injuries
- COMMENTS/NOTES: If any above observation is Remarkable or abnormal, please provide explanation, details and recommendation: \_\_\_\_\_

BASED ON MY FOREGOING OBSERVATIONS & OBSERVATION OF THE BOUT, IN MY PROFESSIONAL MEDICAL OPINION: (Check All That Apply)

### ADDITIONAL RECOMMENDATIONS & INSTRUCTIONS

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Signature of Ringside Physician: \_\_\_\_\_

Arkansas Medical License # \_\_\_\_\_